

Winter School AI for Occupational Sleep Health Almaty, Kazakhstan (November 30 - December 4, 2026)					
	Day 1: Occupational Sleep Health as a Societal and Interdisciplinary Challenge	Day 2: Applied AI Methods for Sleep, Fatigue, and Digital Health Data	Day 3: Ethics, Law, and Responsible Innovation in Workplace Related AI	Day 4: From Knowledge Exchange to Innovation and Teaching Products	Day 5: Study Visit & Culture
	Monday	Tuesday	Wednesday	Thursday	Friday
9:00	Topic: AI-Driven Contactless Sleep Monitoring & Stage Scoring	Topic: Smart Environments supporting Mental Well-Being	Topic: Public Health	Topic: Ethics, regulatory affairs and Start-ups	Local Visits
	Topic: Contactless Sleep Monitoring (S1)	Topic: Intellectual Disabilities (S5)	Topic: Clinical Services supporting Public Health (S9)	Topic: Ethics and Regulatory Affairs in Healthcare Technology (S13)	Visit to Farabi AGI Center
11:00	BREAK	BREAK	BREAK	BREAK	
11:15	Topic: Current status and prospects of automatic sleep stages scoring (S2)	Topic: Mental health detection supported by IoT (S6)	Topic: Public Health in the Kazakhstan Region (S10)	Topic: Start-Up and New Initiatives in the Kazakhstan Region (S14)	
13:15	LUNCH	LUNCH	LUNCH	LUNCH	City Excursion
14:30	Topic: AI-Assisted Sensor Platforms for Patient Monitoring (S3)	Topic: Student Innovation Challenge (S7)	Topic: Interactive Workshop Sessions (S11)	Topic: Workshop Sessions - Results and Conclusion (S15)	
16:00	Coffee + Speed dating (S4)	Coffee + Poster session 1 (S8)	Coffee + Poster session 2 (S12)	Awards and closing (S16)	